



INSPIRE

COUNSELING CENTER

Internship Program Application

Thank you so much for your interest in being part of the Inspire Internship Program! This is an exciting time and we want to be able to provide you with an excellent experience. Please complete this application so we can ensure we have the space, needs and clients for your program. When completed, please email this to newhireteam@inspirecounselingcenter.com

Basic Info:

Name:

Graduate School:

Internship Program Coordinator (contact info) at your school:

What are the requirements for Inspire supervisor to submit evaluations to your school? (quarterly, bi-annually)?

Type of Degree (Social Work, Clinical Counseling, PsyD,)

Are you applying for a placement for Practicum or Internship (or both)?

Start Date, Position and Hours

When would your tentative start date be?

When would your practicum/ internship be completed?

How many clients/week do you need to see, what are your direct hours needed?



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What types of clients do you hope to serve?

Do you have any restrictions for clients or presenting issues you're able to see (i.e., kids/ adolescents/ couples/ virtual/ suicidal ideation/ severe mental illnesses)?

Do you have to audio/ record any/all of your sessions?

Are you interested in in-direct hour activities (i.e. marketing, client courtesy calls, intake calls)?

Scheduling

Based on the shift scheduling (below), what would be your ideal days/ times to see clients?

If you know your class schedule (evenings, weekends, daytime), please share with us your general times you will be unavailable.

Inspire office space "shifts":

MONDAY-THURSDAY (can choose from a variety of the following:)

- **(Early AM shift) 7am-11am** = Requested for adults, 16+, college. Start times are flexible. Early AM shifts may take a little longer to fill your schedule.
- **(AM shift) 11am-3pm** = Requested for 16+, college, adults, parents, couples and pre-school children. AM shifts may take a little longer to fill your schedule.
- **(PM shift) 3pm-8pm** = HIGHLY REQUESTED for children, adolescents & working adults. We try to prioritize these shifts for these clients in school or at work during the day. If you choose a PM shift, your schedule must be open to book clients 3pm-8pm (last session at 7pm). This is very important to meet the needs of our client's & community. We know it's tough to work late, so it's your choice if you want 8pm or 9pm sessions...some people do, but that is totally your choice. We want you to be able to take good care of yourself!



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FRIDAYS & WEEKENDS (ideally, choose from at least one)

- **Friday AM~ *8am-3pm** (*you can choose when you begin, must be done by 3pm)
- **Friday PM ~ 3-5pm** (sessions are only required 3-5pm, ending at 6pm)
- **Saturday** (if you choose a Saturday, hours are set by your choice)
- **Sunday** (if you choose a Sunday, hours are set by your choice)

VIRTUAL and OFF SCHEDULE (In-Person) SESSIONS (optional)

- **Virtual:** You are welcome to do virtual sessions anytime you wish. These are not as highly desired or requested, however are a nice way to build in additional sessions.
- **“Off schedule” appointments** ~ If you would like to see a client in-person, outside of your office schedule, you are welcome to coordinate with other professionals to find office space. Our system is very easy to see everyone’s office space and schedules. Generally, there is usually some open office space somewhere!

Previous Experience

What made you want to become a therapist? Why are you applying to Inspire? If you have any previous experience that could be helpful for your clinical experience, please share.

Future Career

After completing your internship, would you like to be considered for an employment position and a future team member at Inspire?

New Hire Orientations

We have a series of Orientations in place to help you feel confident and equipped for a successful career at Inspire. Are you able to attend those meetings?

All new interns are required to attend an orientation training in-person prior to beginning any onsite or client work. These meetings may be held individually or in a group format, based on availability. Follow-up support is not required, but is available to empower each employee to feel comfortable and succeed.

- “Onboarding Orientation” (4 hours) in-person typically done as a group with other new interns or other new hires.
- Follow-up Support (optional) Mondays 11am-12pm in-person or virtual with the Intern Coordinator/ Director. This can also be scheduled as-needed



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Anything else

Is there anything else you'd like to share about your internship program or your needs so we can ensure it is a successful experience for you?

If you have any questions or concerns, please feel free to contact us. We are excited for what's ahead and hope to be able to provide you with an amazing Internship experience!!

Very truly yours,
Lauren Schifferdecker

Lauren Schifferdecker, CEO & Owner
Inspire Counseling Center